

# Woburn Recreation Weekend Activities

Here are some activities for you to do with your children while at home. Please feel free to share any pictures of your child or family participating in these activities with us on Facebook, Twitter, or Instagram. A more detailed description of each activity is listed on the pages below. We hope you are all staying safe and healthy during these uncertain times! If you have any activities or projects you would like to share with us please feel free to reach out. Remember we are all in this together! - Woburn Recreation Department (Rory & Brian)

## Outdoor Activity

### Nature Walk

Supplies Needed: None



## Artistic Activity



### April Showers Bring May Flowers!

Supplies Needed from Home: Paper, Markers or Crayons, Scissors, Glue or Tape

## Physical Activity

### Kid's Dance Class

Supplies Needed: Computer, tablet, Phone, etc.



## Indoor Activity

### Board Game or Create your own Board Game

Supplies Needed: Board Game or, Cardboard, markers, crayons, game pieces, paper, or other found items

## Science Activity

### Top Secret Science

Supplies Needed: Computer, tablet, phone, etc.





# Nature Walk

In honor of Earth Day on Wednesday, April 22<sup>nd</sup> we encourage you to take a walk around your neighborhood and see what this great planet has to offer you!

Few things to look for or find:

1. Animals

See how many different animals you can find on your walk

2. Rocks

Find a nice rock to paint words of encouragement on



3. Flowers

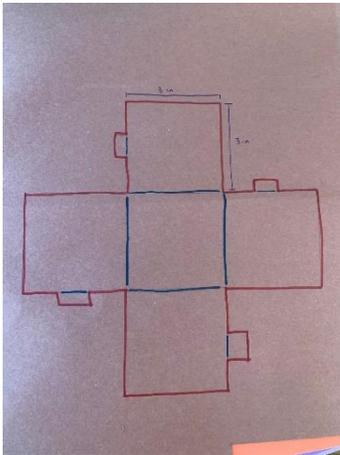
See how many different type of flowers you can start to see blooming already

# Artistic Activity

## Make your own Flowers

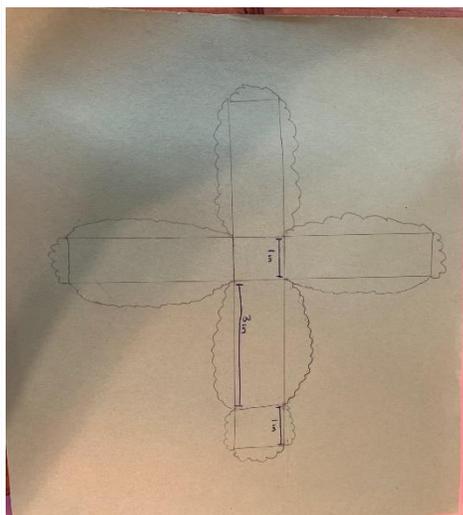
Ever heard of the saying “April Showers bring May Flowers”  
Break out your artistic side by creating some flowers to hang  
on your window or door during this time to help bring  
positive messages to your family and neighbors!

**Here is an example of a 3-D Cactus Flower courtesy of my very  
talented niece Meghan Qualey**



1. To make your pot, make a 3 by 3 inch square in the middle of your construction paper and add four more 3 by 3 inch squares off of each side of your original square. Add tabs off to the side of each outlying square. Your paper should look like the image to the left.
2. Referring to the image on the left, cut along the red lines.
3. Once it is cut out then fold along the blue lines.

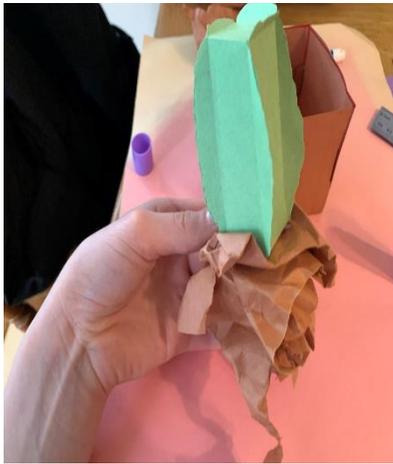
4. After folding in the tabs apply glue to the back and glue it onto the side next to it forming a wall. Once all sides are glued it should look like the pot in the image to the right.



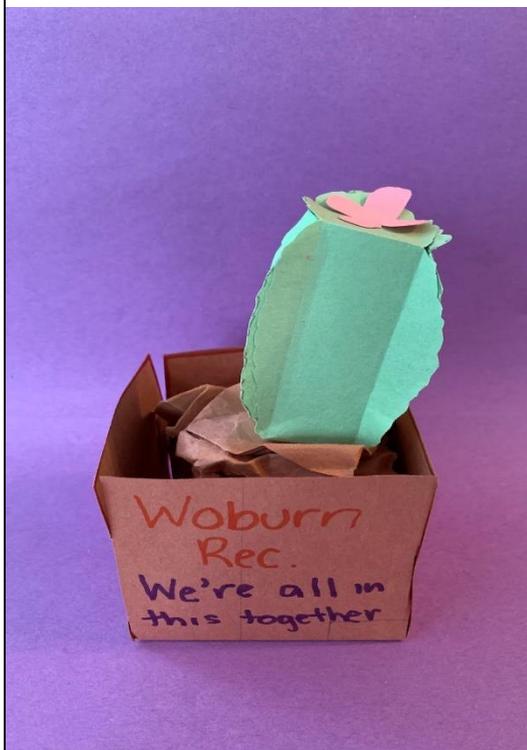
5. To begin the cactus, make a 1 by 1 inch square and then four 3 by 1 inch rectangles coming off of each side of the 1 by 1 inch square. Then off of one of the rectangles make another 1 by 1 inch square.
6. Next along the outsides of the rectangles make you cactus spikes. Try to make the spikes as similar to each other as possible to make the gluing easier. Your paper should look similar to the image shown to the left.



7. Next cut out your figure along the spikes
8. Fold along the blue lines
9. Apply glue to the spikes and glue it to the spikes of the rectangle next to it. Once all sides are glued together it should look like the image to the left.
10. To glue on the top fold down the spikes on the top of the rectangles and fold back the rectangles of the square. Next apply glue to the spikes and glue them together.



11. Now crumple up some scrap paper for your dirt.
12. Find a spot of your dirt to glue down your cactus.
13. Add this into your pot.
14. Now decorate your pot any way you want. You can even add a flower to your cactus. Make it your own!



Here is another example to your right on some other flowers you can make! Everyone loves different types of flowers so create whatever you would like to!



# Physical Activity



## Kid's Dance Fitness

“Life isn’t about waiting for the storm to pass it is about learning how to dance in the rain”

Our Kids Dance Fitness instructor Jillian has been posting kids dance videos on her google classroom account. To access the videos, you need to have a GMAIL account, if you do not have one you can create one for free.

All you need to do after you have a GMAIL account is visit: [https://edu.google.com/products/classroom/?modal\\_active=None](https://edu.google.com/products/classroom/?modal_active=None).

Then click go to classroom and sign into your GMAIL account. Then you will click the + sign to join a classroom and enter code: **lhrffug**

**Another alternative is to turn your radio on and dance in the room of your choice to your favorite song or songs! 5 – 10 minutes of dancing will definitely get your spirits up!**



# Science Activity



## Top Secret Science 35 Fun and Easy Experiments to try at Home

Website: <https://www.youtube.com/watch?v=LyR0OP8CM4k>

Top Secret Science has been teaching summer science classes for us for the past 6 years. Michael Bergen and his staff have many different fun & cool experiments for you to try at home! Watch the video and see if there are any that you can attempt to do at home.

(Get an adult to help you if needed!)

